



# ONTARIO CONFERENCE OF THE SEVENTH-DAY ADVENTIST CHURCH COUNSELLOR LISTING

## **Ministry Care-Line (for Ontario Conference-employed Teachers, Pastors, Staff & Spouses/Kids)**

Kettering Health Network  
Tel: 1-855-205-3380  
www.ministrycare.org

## **Ruth Baah-Gyebi (Registered Psychotherapist, Practice Director)**

Elpizo Counselling Services  
Tel: 1-877-335-7496  
Email: ruth@elpizocounselling.com  
www.elpizocounselling.com

## **Kurt Cao (Retired Counsellor)**

Kurt Cao Counselling and Consulting  
Oshawa, ON  
Tel: 905-260-0121  
Email: kurtcaocounselling@gmail.com

## **Nyasha Smith Ruddock (Clinical Social Work, Therapist)**

Hope and Healing  
173 Brock Street Suite 105  
Whitby, Ontario L1N 4H3  
Tel: (855) 999-7414  
Email: hopeandhealing@live.ca

## **M & R Counselling**

362 Kinston Road West  
Ajax, ON, L1T-3A4  
Rochelle Ramathe (Registered Social Worker)  
Tel: 905 999 4773  
Email: rochelle@mandrcounsellingservices.com  
Motse Ramathe (Registered Pyschotherapist)  
Tel: 289 600 0775  
Email: motse@mandrcounsellingservices.com  
www.MandRCounsellingServices.com

## **Jennifer Cassimy (MSW, Registered Social Worker)**

Renew Your Strength Counselling & Consulting/RYSK  
Tel: 416-543-0117  
Email: jcassimy@rysc.ca

## **Women's Multicultural Resource & Counselling Centre**

Tel: 905 427 7849  
www.wmrccdurham.org

## **Joan Rogers MA, (Registered Psychotherapist & Certified Clinical Pastoral Counsellor)**

Professional Clinicians Counselling, Supervision & Consulting Services  
Phone: 416-274-6299  
Email: drjoanrogers@gmail.com

## **Dr. Jackie Dell, PhD, RSW (Registered Social Worker & Psychotherapist)**

Dell Consulting Services  
Tel: 647-530-8749  
Email: dr.dell.consulting@gmail.com  
www.DrJackieDell.com

## **Arthur Counselling Services**

Marvin Arthur, BSW, MSW, RSW  
Registered Social Worker, Psychotherapist  
Location #1:  
603 Argus Road, Suite 209  
Oakville, ON L6J 6G6  
Location #2:  
3075 Hospital Gate, Unit 405  
Oakville, ON L6M 1M1  
Tel: 647-268-5820  
Email: marvin@arthurcounselling.ca  
www.arthurcounselling.ca

## **Floyd Spence (Registered Psychotherapist)**

Live Full Coaching & Consulting  
4915 Bathurst St. Suite 221  
North York, Ontario M2R 1X9  
Tel: 416-704-7484  
Email: info@floydspence.com

## **Isabel Thorman (Registered Psychotherapist)**

Meristem Counseling Services  
Email: isthorman@meristemcounselling.ca

## **Focus on the Family Canada**

www.focusonthefamily.ca

## **Cintia Garcia Block, MA in Counselling**

Manotick Counselling  
Tel: 613 897 0722  
Email: cintiagblock@gmail.com  
www.manotickcounselling.com

## **Tyndale Counseling Services**

www.tyndale.ca/counselling/counsellors

## **Andrea Bessa (Registered Psychotherapist, Qualifying)**

659 Central Avenue  
London, ON N5M 3P7  
Tel: 226 781 0992  
Email: hello@andreabessa.com  
www.andreabessa.com

## **Dr. Shereen McFarlane PhD, RMFT (Registered Psychotherapist)**

Breathe Counseling Services  
Tel: 647-613-2275  
Email: breathe2breathe@gmail.com

## **Dr. Evelyn Bent-Ratray MSW, RSW, Clinical Social Worker, Psychotherapist Ph.D Marriage and Family Therapy**

Ratray Counselling Services Inc.  
Marriage, Couple, Family & Individual Therapy  
141 King St., E  
Stoney Creek, ON L8G 1L5  
Call/Text: 226-387-0093  
http://ratraycounselling.com

*NOTE: This listing is maintained by the Ontario Conference of the Seventh-day Adventist Church from information supplied by the counselors listed. The Ontario Conference office neither verifies nor guarantees the accuracy of the information given. Listing in the directory does not imply any recommendation of any individual or any warranty, expressed, or implied, of the professional or competence of a listed counsellor. \*Last updated July 8, 2021*